# **PRE-DIABETES HELP**

## with a free app



### **MyPebble App**

MyPebble App is an app designed to support you in self-managing your pre-diabetes...the first and only educational tool like it.

### Key features

- It's simple to use
- It's individualized
- It provides meaningful feedback, education and support when you need it



#### Sign up!

Use the OR code above to sign up for the "first and only" app designed to support you in self-managing your pre-diabetes.

Can't scan the code? Use this link instead: https://go.mypebbleapp.com/jwslumn